



# Periodic Lab Results Record

This is your Periodic Lab Results Record. Use it to keep track of your lab results and follow your progress with treatment. Be sure to bring it with you to your visit to discuss with your healthcare provider.

Week 1-24

LAB TEST (definitions on last page)	NORMAL RANGE*	WEEK OF TREATMENT Record your lab results each time.									
		Before Treatment	1-2	4	6	8	12	16	20	24	
<b>White Blood Cell Count (WBC)</b>	4,300-10,800/cmm										
<b>Absolute Neutrophil Count</b>	1,500-8,000/cmm										
<b>Platelet Count</b>	150,000-350,000/cmm										
<b>Hemoglobin</b>	Men: 13-18 grams/dL Women: 12-16 grams/dL										
<b>Hematocrit</b>	Men: 42-50% Women: 36-45%										
<b>Alanine Aminotransferase (ALT)</b>	7-40 U/L										
<b>Aspartate Transaminase (AST)</b>	10-34 U/L										
<b>Bilirubin</b>	0.3-1.9 mg/dL										
<b>Creatine</b>	0.8-1.4 mg/dL										
<b>Glucose</b>	70-110 mg/dL										
<b>Thyroid-stimulating Hormone (TSH)</b>	0.5-4.0 IU/mL										
<b>HCV RNA</b>	0.0										
<b>HIV RNA</b>	0.0										
<b>Pregnancy Test</b>	N/A										

\* Normal range figures vary from lab to lab. Be sure to talk to your healthcare provider about your lab results and what they mean. Pregnancy testing should be done monthly during treatment and continued for 6 months following treatment completion. Your healthcare provider will decide which tests to run each time. Not all tests are run every period. Please see complete Prescribing Information and patient Medication Guide for PEGASYS® (Peginterferon alfa-2a) and COPEGUS® (Ribavirin, USP) available on [www.Pegassist.com](http://www.Pegassist.com)

# Periodic Lab Results Record (continued)

Weeks 28-72

LAB TEST <small>(definitions on next page)</small>	NORMAL RANGE	WEEK OF TREATMENT <small>Record your lab results each time.</small>								
		28	32	36	40	44	48	52	60	72
<b>White Blood Cell Count (WBC)</b>	4,300-10,800/cmm									
<b>Absolute Neutrophil Count</b>	1,500-8,000/cmm									
<b>Platelet Count</b>	150,000-350,000/cmm									
<b>Hemoglobin</b>	Men: 13-18 grams/dL Women: 12-16 grams/dL									
<b>Hematocrit</b>	Men: 42-50% Women: 36-45%									
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<b>Thyroid-stimulating Hormone (TSH)</b>	0.5-4.0 IU/mL									
<b>HCV RNA</b>	0.0									
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<b>Pregnancy Test</b>	N/A									

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## LAB TEST DEFINITIONS

### White Blood Cell Count (WBC)

The number of white blood cells (WBCs) in the blood.

### Absolute Neutrophil Count

The number of a certain kind of white blood cells called neutrophils in the blood. Neutrophils help defend against infection.

### Platelet Count

The number of platelets in the blood. Platelets are important for blood clotting and plugging damaged blood vessels.

### Hemoglobin

The amount of hemoglobin in the blood. Hemoglobin is the protein molecule in red blood cells that carries oxygen and gives blood its red color.

### Hematocrit

The percent of whole blood volume that is red blood cells.

### Alanine Aminotransferase (ALT)

The amount of this liver enzyme that is present in the blood. Measured to see if the liver is damaged.

### Aspartate Aminotransferase (AST)

The amount of this liver enzyme that is present in the blood. Measured to see if the liver is damaged.

### Bilirubin

A test that measures levels of bile pigment in the blood to help evaluate liver function.

### Creatinine

A test that measures the rate at which creatinine, a waste, is removed from the blood, to determine if the kidneys are functioning normally.

### Glucose

A test to measure the concentration of glucose, a sugar, in the blood.

### Thyroid Stimulating Hormone (TSH)

A test used to check for thyroid gland problems.

### HCV RNA

A test that measures the presence and amount of the hepatitis C virus in the blood.

### HIV RNA

A test that measures the presence and amount of the HIV virus in the blood.

### Pregnancy Test

A pregnancy test should be done monthly during (and for six months after) treatment.

## QUESTIONS FOR MY DOCTOR

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## NOTES

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**1-877-PEGASYS | [www.Pegassist.com](http://www.Pegassist.com)**

The support you need to succeed on PEGASYS® (peginterferon alfa-2a) therapy.

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